



Painting in Panama

February 3- 16 2025

Registration Instructions

Trip Costs

\$2850.00 per person (Based on Double Occupancy)

\$795.00 Single Occupancy Surcharge

Guna Yala Extension:

\$645 per person.

Tour Does Not Include: The tour fee does not cover international flights, insurance, personal expenses, tipping, or any additional activities.

*optional tours are not included.

Tour Includes: All breakfasts, Airport transportation, Inbound Flights, Hotel transfers, entrance fees, guides and other meals as specified in the itinerary.

Download and Submit Forms: Registration forms are available on our website. You can find them at the top right-hand corner of each page. Please download, complete, and submit these forms along with the required documents and a deposit cheque of \$600.

Insurance Requirement: Health and Travel Cancellation Insurance is mandatory for traveling with us. As we are not a certified travel agency, you must purchase insurance separately.

Deposit Information: Deposits are not cashed until the trip is confirmed with hotels, ground transportation, and any necessary guides

Cancellation Policies: Trip cancellation policies and refund details are outlined in our booking forms. Please review these carefully.

TRAVELLING BRUSH

8-3891 Chatham St. Richmond, BC

604-448-1860m

www.travellingbrush.com



TRIP SUMMARY



Embark on an unforgettable journey through Panama, where modern sophistication meets stunning natural beauty. Explore the World® Heritage site of Casco Viejo, the historic heart of Panama City, and marvel at the engineering wonder of the Panama Canal. Experience the pristine beaches and breathtaking highlands, all while immersing yourself in the rich tapestry of indigenous culture and Spanish colonial influences.

Our two-week painting adventure takes you from the vibrant energy of Panama City to the laid-back charm of Bocas del Toro and the picturesque coffee region of Boquete, renowned for its exceptional coffee and lush landscapes. Extend your stay to the enchanting Guna Yala Islands (formerly San Blas), where you can discover the magic of this archipelago, featuring 378 stunning Caribbean islands. Join us for an experience that promises beauty, inspiration, and unforgettable memories!



PANAMA 2025

February 3 - 16

...with extension to Gula Yala Islands + 3 nights

Discovering the world one brushstroke at a time !



A painting and cultural tour of one of the most beautiful locations in Central America. Join artist Mark Glavina for this epic travel experience as we discover the Beauty of Panama.

www.travellingbrush.com





PAMAMA

February 3 - 16 2025

Discovering the world one brushstroke at a time !

Day 01: Monday , February 3

Welcome to Panama City! Upon your arrival at Tocumen International Airport, we will greet you and transfer you to our hotel in the vibrant area of Bella Vista. Time to relax and settle in, soaking in the modern atmosphere of the city before happy hour, dinner and our orientation meeting.

Day 02: Tuesday, February 4

Following breakfast, we'll set off to explore and draw in Casco Viejo, the historic heart of Panama City, and a UNESCO World Heritage Site. This beautifully restored district boasts stunning architecture, lively plazas, and breathtaking views of the Panama skyline. Stroll through Independence Square, visit iconic churches, cathedrals, and enjoy the picturesque vistas from Paseo de las Bóvedas.

Day 03: Wednesday, February 5

After breakfast, we'll embark on an unforgettable full-day tour into the lush Chagres Rainforest. Experience the stunning beauty of the rainforest as we glide in a traditional indigenous canoe, taking us to a breathtaking waterfall. There, you'll be warmly welcomed by the Embera community, who will share their rich culture through traditional music and dance. Enjoy a delicious lunch with time after to enjoy some free time to explore local artisan crafts or indulge in some drawing or painting.

Day 04: Thursday, February 6

After breakfast, we'll depart for Miraflores Visitor Center for an engaging visit to the Panama Canal. From the observation tower, you'll enjoy stunning views of the locks and gain fascinating insights into this engineering marvel. Our visit includes a tour of the museum, where you'll discover intriguing facts about the canal's construction and the diverse ecosystems surrounding it from coast to coast.

Day 05: Friday, February 7

Following breakfast at the hotel we depart for Panama City Airport for the short flight to Bocas del Toro. On arrival a short transfer to our hotel and spend the afternoon , painting and exploring Bocas Town. Happy hour and dinner in one of the many local restaurants in and around the Hotel to review our Bocas Itinerary.

Day 06: Saturday, February 8

Breakfast at our hotel for an early morning Island hopping Tour exploring Bird Island, Bocas del Drago and Starfish Beach. Leisurely lunch and time to enjoy the beach and a swim, do a little drawing or painting before returning to Colon and our hotel.

Day 07: Sunday, February 9

An early morning departure for a visit to Bluff Beach Retreat Retreat a beautiful low lying grass land surrounded by dense rain forest habitat. This rich biodiversity includes many resident and transient bird species, sloths, Capuchin and Howler monkeys for a 3 hour tour of the 165 acre farm. Species of birds including the Keel-billed Toucan, Green Ibis, White-throated Crake, Uniform Crake, Flycatchers, Seed eaters and several species of Tanagers including the Scarlet Rumped Tanager only found in Bocas del Toro. Following lunch we will take some time to do some drawing and painting at this beautiful retreat before returning to our Hotel.

Day 08: Monday, February 10

Free day to explore Bocas de Toro independently. Alternatively one can relax and spend the day drawing and painting in and around Bocas town. Happy Hour at the hotel to review our day, share work from the trip and exchange travel stories from the day.

Day 09: Tuesday, February 11

Following breakfast at the hotel we depart for a quick ferry ride to the mainland followed by transfer to Boquete high in the mountains of the Caldera River surrounded by the critique highlands home to coffee plantations and the Barú Volcano. After checking into our Hotel we will explore the small charming town of Boquete on foot and stop for happy hour and dinner at one of the many local restaurants. (B)

Day 10: Wednesday , February 12

Start with an early morning drawing session, then hike the Pipeline trail through a cloud forest and three micro-climates, ending at a waterfall. This trail is a prime spot to see the iconic Resplendent Quetzal.

Day 11: Thursday, February 13

A casual morning to visit a coffee finca to learn about Panamanian coffee is world-renowned as one of the finest and most sought-after coffees in the world. This experience will not only introduce you to the exceptional taste and aroma of Geisha coffee, but will also immerse you in its rich history and cultural significance. Following our visit to the coffee finca our guests can enjoy free time to plan a hike, paint or explore Boquete.

Day 12: Friday, February 14

Free day in Boquete for drawing, painting, or personal interests. Join happy hour at our hotel to share stories of our adventures.

Day 13: Saturday , February 15

Early morning departure to David for return flight to Panama City and transfer to our hotel. Time to do last minute shopping and pack for return trip home or extension to Guna Yala (formerly San Blas).

Day 14: Saturday, Feb 16

After breakfast, transfer to the airport or take a 4x4 to the Caribbean Coast for two magical days in Guna Yala. The three-hour drive has some bumpy sections. From our dock, we take a boat to our island, Wailidub or Tubasenika, with private cabins by the water. Lunch and dinner are provided at set times.

Day 15: Sunday, February 17

After breakfast, visit nearby islands, swim, snorkel, and enjoy lunch before returning to our island for dinner and the tranquility of Guna Yala, listening to the gentle sounds of the Caribbean Sea on the pristine beach.

Day 16: Monday, February 18

After breakfast, return to Panama for the final overnight, relax and prepare for your departure flight home the following day.